



Coaching for Heart-Centered Individuals and Businesses

I have helped hundreds of people
... clarify and mobilize their unique
superpowers, and
... breathe easier with online and
real-life communications
... so they can make their mark.

I know we can find a fulfilling path that works for you! ...
even if you're an introverted 40-something entrepreneur who
hates networking and needs a new direction. *I love that!*

I have a gift for matching people to their right path, and
I bring my background in communications, marketing,
HR, management, and health care.



Val Nelson

Career & Business Coach

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*"Val gets results! In addition to her incredible insight, intuition, and creativity,
her calming strength provides the perfect space in which to flourish."*

~ Kelli R.

MAKE YOUR MARK

More EASE. More YOU. More IMPACT.